

MATERIAL TAUGHT AT THE MADISON MARTIAL ARTS ACADEMY AND THE CHINESE SHAOLIN KUNG-FU / KARATE SYSTEM AS OF 2011

The curriculum covers a wide range of empty hand, weapon, and internal forms, and their application. Below is a list of the material offered to students. Grandmaster Neal continues to teach new material beyond that listed below.

NAME & MEANING

BEGINNER MATERIAL

1. **Ready Stance**
2. **Horse Stance**
3. **Bo Stance**
4. **Cat Stance**
5. Luan Ta Fa Shu / 25 Sparring Techniques
6. Tuan Ta Fa Chien / 35 Short Kata
7. Se Meng Tao Lie / The Way To Break The 4 Doors (Facing the 4 doors)
8. Fei Hoo Choo Tung / Flying Tiger Comes Out of His Cave
9. Luo Han Chien/ Fist of Lo Han
10. Ie Pu Tue Ta **Ippon Kumite** (One Step Sparring)
11. Ie Pu Fa Shu/ **Street Fight Techniques**
12. Se Pa Kuen or Chu Chi Kuen Su / 4-8 Direction Staff (Bo Form)
13. Nunchaka Techniques
14. Kai Pang or Pei Huang Chi K.P/ Short Stick (Stick of the Northern Beggar)
15. Sai (Form)
16. Broad Sword (Form)
17. Nunchaku Tech (Form)

INTERNAL

1. **San Njie Chien / Three Unity "Iron Man" Form**
2. **Tie Ku Chang / Iron Bone Palm**
3. **Ye Fei She Pa Tuan / Ye Fei's 18 Continuous Positions**
4. **Yang Tai Chi Chaun / Yang's Grand Ultimate Fist Form**
5. **Pa Kua Chang/ 8 Directions Hexagonal Palm**
6. **Ie Ching Ching / The Changing of the Muscle and Bone**
7. **Ching Kong Sow/ Golden Steel Fist**
8. **Tai Chi Chien / Tai Chi Sword**
9. **Da Mo's (Bodhidharma) Ie Ching**
10. **Kow Ie Chien / The Ultimate Fist**
11. **Tia Tung/Iron Flow**

TIGER

Fei Hoo Choo Tung / Flying Tiger Comes Out of His Cave
Ching Kang Fu Hoo Chien / Mountain Tiger Form
Hu (Hoo) He Suang Sing / Tiger / Crane Duet
Hee Hoo Shao Song/ Wounded Black Tiger
Hee Hoo Tao Sin/ Black Tiger Rips the Heart
Pai Hoo Chien (Shey Hoo Chien) / White Tiger Form (Snow Tiger)
Pao Chien / Leopard's Fist
Pao Chien Tue Ta / Leopard's Fist 2-man set

TAI PENG (BIRD)

Tai Peng Sin Kune / Big Bird Opens Its Wings
Tai Peng Fan Che / Big Bird Flips Its Wings
Tai Peng Chan Se / Big Bird Spreads Its Wings
(Above 3 Kata Set) Tai Peng Chan Se
Tai Peng Chein Wo / Big Bird Builds Its Nest
Tai Peng Se Wo/ Big Bird Watches Its Nest
Tai Peng Pao Wo / Big Bird Defends / Protects Its Nest
(Above 3 Kata Set) Tai Peng Pao Wo
Tai Peng Sao/ Yin Big Bird Sweeps the Clouds
Tai Peng Khe Yin/ Big Bird Cuts the Clouds
Tai Peng Wu Yin/ Big Bird Dances On the Clouds
Tai Peng Po Yin/ Big Bird Strikes Through the Clouds
Tai Peng Chuen He (Hur)/ Big Bird Aims/Stalks
Tai Peng Luo Tien/ Big Bird Desends/Drops From the Sky
Tai Peng Chua Chien/ Big Bird Claw
Tai Peng Kung/ Big Bird Attacks
Tai Peng Foo/ Big Bird Trap
Tai Peng Se/ Big Bird Vision
Tai Peng Ching/ Big Bird Spirit
Tai Peng Chien/ Big Bird Form

GROUND DRAGON

Ti Loong Ching Set (Ground Dragon's Well)
Loong Wei/ The Dragon's Tail
Loong Chung/ The Dragon's Blitz/Leap
Loong Chu/ The Dragon's Claw
Loong Wei Tue Ta/ The Dragon's Tail/ 2-Man Set
Loong Sen/ The Rise of the Dragon
Sang Loong/ Wounded Dragon
Ti Loong Chien/ Ground Dragon Form

HSING-IE

Hsing le Chien U (Wu) Lu Five Roads Fist
Hsing le Lien Huan Chien Five Roads Fist Linkage
Hsing le Se Ai Shing Twelve Animal Forms
Hsing le Chien San Suo Two-Man Set

MISCELLANEOUS EMPTY HAND FORMS

Pai Ho Pai Fu/ White Monkey
Wu Chin Sie/ Five Animal Linkage
Chie Chien/ Connecting Fist
Lian Wu Chang/ Five Direction Palm
Luo Han Chien Tue Ta Two Man Set

SHAOLIN BIRD

Luo Tien/ Descent From Heaven
Chan le/ Spreads The Feathers
Yen Hur/ The Performing Dove

WHITE CRAIN

Pai Hur Chuan Tse/ White Crane Circles, Spins The Wing
Pai Hur Chan Tse/ White Crane Jabs, Flips The Wing
Pai Hur Chuan Chiao/ White Crane Circles, Spins The Leg

BROADSWORD

Ye Chan Pa Fang Tao/ 8 Direction Night Battle Broadsword
Ti Tang Tao/ Ground Double Broadsword
Swang Tao/ Double Broadsword
Swang Yin (Ein) Tao/ Double Shadow Broadsword

HOOKSWORD

Khe Che Kew/ Scorpion Hook
Ying/Yang Kew/ Double Hook Sword
Tien Ta Swang Fu Tew Kew/ Double Hook Shakes the Heavens
Tan Kew Chien/ Single Hook Sword Form
Liu Sing Kew/ Shooting Star (Meteor Hook Sword)
Pai Kew Chien/ 100 Hooks (Cuts) Form
Chaun Fu Ta/ Double Hook vs. Bo Sparring

THROWING DAGGERS

San Tien Tao/ Lightning Knife/Dagger
Nan Sing Tao/ Southern Star Knife
Pei Sing Tao/ Northern Star Knife
(Above-3 Kata set) Swang Sing Tao Pair of Star Daggers
Yen Tao (Yen Chè Fei Tao Tao)/ The Swallow's Path/Flight Dagger Form
Yen Luo Tao (Yen Chè Luo Tien Tao)/ The Swallow Drops from the Sky
Yen Che Tao/ The Swallow Dagger
(Above-3 Kata set) Yen Che Tao The Swallow Daggers
San Tao

Chiu Loong Tao/ Nine Faces Dragon Dagger
Tu (Du) Tao/ Poison Dagger
Swang Yen Tao (1pr) Pair of Swallow Daggers
Se Mien Tao (2 pr) Four Faces Swallow Dagger
San Tue Tao/San Tue Fei Tao (3pr) Three Pair Throwing Daggers
Pa Fang Tao (4pr) Eight Direction Daggers
Se Fu Tao (5pr) Trap of the Ten Daggers
Ie Ta Fei Tao (6pr) 12 Flying Daggers
Ying/Yang Chi Sing Tao (7pr) Seven Star Double Dagger
Ie Chien Yen Che Tao (8pr) Flock/Group Swallow Daggers
Fei Tao (9 pr) Throwing Daggers

OTHER WEAPONS

- 1. Tie Che (Tia Cha Chien)/ Sai**
- 2. Wu Chi Tue Ta/ Sword vs. Tiger Fork 2-man Sparring**
- 3. Liang Shung Tue Tao/ 2-man set (broadsword/bench)**
- 4. Chuo (Chew) Kuen/ Ugly Stick**
- 5. (Se Mien) Pa Huang Chien/ Table Top Sword**
- 6. Chuan Yang Chien/ Split (Skew) the Sun Sword**
- 7. Chi Sing Chien Seven Star Sword**

- 8. Chain Whip (7) (9)**
- 9. Tie Pien She Loong Wang Wu/ Dragon King Dance Chain Whip**
- 10. Tie Pien She Loong Wang Kung/ Dragon King Attack Chain Whip**
- 11. Pang Loong Pang/ Dragon Ensnares The Bo**
- 12. Fuo Loong Pang/ Fire Dragon Bo**
- 13. Hai Loong Chang/ Sea Dragon Cane**
- 14. Chiang Su Liang Se/ Spear Fighting Techniques**
- 15. Spear**
- 16. Kwan Kung Tao/ Kwan-do Sword**
- 17. Three-sectional Staff**
- 18. Tie Chè Swang Tao Tue Ta/ Sai-Broadsword Two-Man set**
- 19. Liang Chie Kuen/ Nunchaka Form**
- 20. San Tze Chien/Iron Fan**

21. Tonfa

22. Umbrella Tech / Form

23. Kama Tech / Form

24. Tanto Tech

25. Katana Tech / Form

26. Baton Tech / Form (Retractable)

27. Escrima Tech / Form

28. Combat Cane

29. Fan